

Go Your Own Way Race Around the Captain Islands Hosted by Indian Harbor Yacht Club

2010 Sailing Instructions

Rules This series will be governed by the current Racing Rules of Sailing, regulations of the YRA of LIS, and by these sailing instructions.

Schedule Three races are scheduled. The first on Saturday June 5; second race on Saturday July 31; and the third on Saturday August 28.

Eligibility Boats owned or chartered by members of IHYC, RYC, OGYC or BHC are eligible to race. All boats are requested to register for the series by going to indianharboryc.com and clicking on the “Regatta” button. That will guide you to online registration. There is no fee. Also, indicate if you wish to race with a spinnaker. If enough boats want to race with spinnakers a separate division will be created. If you do not have a PHRF handicap the race committee will assign one.

Sails Except in a possible spinnaker division, no spinnakers, gennikers or bloopers are permitted. No more than one sail at a time in the fore triangle except during a seaman-like sail change. Whisker poles and spinnaker poles can be used in accordance with Rule 50 which requires poles to be attached to the foremast.

Communication The committee will monitor and communicate on VHF channel 72.

Start Boats shall pass from north to south between a yellow flag on the Race Committee Signal Boat and mark X located west of Red Rock and south of the Indian Harbor mooring field. The starting sequence will be Division III, followed by Division II and Division I. If there is a spinnaker division it will be Division IV and will start after Division I.

Divisions

<u>Non-Spinnaker Divisions</u>			
Division I	111 and lower (PHRF rating)	Class flag pennant numeral 1	
Division II	112 to 165	Class flag pennant numeral 2	
Division III	166 and higher	Class flag pennant numeral 3	
 <u>Spinnaker Division (if any)</u>			
Division IV	All	Class flag pennant numeral 4	

Starting Sequence Starting signals will be in accordance with RRS 26.

		- pay attention -	A series of short blasts (or drop postponement)
First start	15:55	Division Warning	1 sound – raise Division Flag(s)
	15:56	Division Preparation	1 sound – raise P flag (or I flag or black flag)
	15:59		1 long sound - drop P flag (or I flag or black flag)
	16:00	Division start	1 sound - drop Division Flag(s)
Second start (if any)	16:00	Warning	1 sound – raise Division Flag(s)
	16:01	Preparation	1 sound – raise P flag (or I flag or black flag)
	16:04		1 long sound - drop P flag (or I flag or black flag)
	16:05	Division start	1 sound - drop Division Flag
Third start (if any)	16:05	Warning	1 sound – raise Division Flag
	16:06	Preparation	1 sound – raise P flag (or I flag or black flag)
	16:09		1 long sound - drop P flag (or I flag or black flag)
	16:10	Division Start	1 sound - drop Division Flag

Signals	Individual Recall	Code flag 'X' (white with blue cross) with one horn signal and radio hail on VHF channel 72.
	General Recall	Code flag 'First Substitute' (yellow and blue triangle) with two Horn signals and verbal hail.
	Postponement	Code flag 'AP' (red and white stripes) with two horn signals.
	Cancellation:	Code flag 'N' (blue and white checks) with three horn signals.
	Abandonment:	Code flag 'N' (blue and white checks) with three horn signals.
Course	Boats shall, in order, either pass north of Nun 4 Cormorant Reef, west of Nun 2 Great Captain Island, and east of Green Gong 1, or east of Green Gong 1, west of Nun 2 Great Captain Island, and north of Nun 4 Cormorant Reef. The choice of course direction <u>IS AT THE DISCRETION OF EACH BOAT.</u>	
Finish	Boats shall pass from south to north between a yellow flag on the race committee signal boat and Mark X located to the west of Red Rock and south of the Indian Harbor mooring area.	
Time Limit	1900 hours for all divisions	
Scoring	YRA of LIS PHRF non-spinnaker ratings will be used, except for a possible spinnaker division that will use the appropriate rating. Corrected times are calculated by time-on-time allowances. All divisions will be scored separately regardless of starting sequence.	
Protests	The exoneration penalty available under RRS 44 for a boat that may have broken a rule of Part 2 (RRS 10 through 22) shall be a <u>One-Turn Penalty</u> consisting of a tack and a jibe taken at the time of the incident. Boats shall report any protest, and also any penalty turns taken, to the Race Committee when they finish. Protests shall be written on forms available at each club, and submitted to the Front Desk of the sponsoring club within one hour of the Race Committee Boat having docked. All protests will initially be arbitrated within the next hour (or as soon as possible). The Protest Arbitration Penalty shall be the 20% Scoring Penalty as described in RRS 44.3(c). When a protest is not resolved by arbitration, a hearing will immediately follow, unless re-scheduled to a later date for the mutual convenience of the participants.	
Safety	It is the responsibility of skippers and crew to wear US Coast Guard approved life jackets whenever conditions warrant. Furthermore, as a condition of participation in any race, the owner and crew agree that the safety of the boat and her crew and the decision whether or not to start or continue a race is solely their responsibility.	
Prizes	Prizes 1 st through 3 rd will be awarded in each division.	